

## Foss Cottage and Sea Rocket Cottage Information Sheet

**Local Services:** Doctors: 01548 580214 Health Centre is at Orchard Way, Chillington, opposite the post office. Note: Ring this number also for out-of-hours attention. There is a clinic in Totnes which is open 8am to 6pm Sundays and Bank holidays.

**Butcher:** Hannafords 01548 580209: delivers Wednesday and Saturdays. Meat is delicious. Order the day before and mention Foss Cottage or Sea Rocket Barn Cottage and they will know where to deliver. Otherwise look out for Mr Hannaford in the village during the afternoon.

**Beds:** Linen is not provided but the cleaners have a system whereby they provide and wash linen and even make the beds if you contact and arrange what you want, including payment, directly with them. Their email is: gfwatson@candg-cleaning.com, telephone: 01548 559 359, mobile: 07834 872641. **Otherwise you need to bring your own.**

**Dustbins:** are collected on Tuesday mornings. Please note new instructions leaflets provided. Please make sure that nappies etc. are not put down the lavatory. We are not on the mains, only a septic tank. Also heavy fats and oils should be allowed to harden and then put in the dustbin.

**Electricity:** Foss only: £1 coin metre - remember to bring £1 coins.

**Supplies:** Basic kitchen essentials are supplied at the beginning of the summer, eg tea, coffee, salt and pepper etc. Please be sure to replace what you use.

**Tesco's:** Tesco's now offer a delivery to East Prawle - make your orders in the normal way. The postcode for Foss Cottage is TQ7 2DA and for Sea Rocket Cottage it is TQ7 2BY.

**Local information:** As well as the Pig's Nose Inn, East Prawle has the Piglet Stores run by Viv and Chris Lally, for most of what you'll need, with Piglet's Cafe for delicious homemade cakes and snacks in the summer, as well as early evening meals.

The beaches are very special and varied. Macely has wonderful sand, Moorsands is the most private, Horseley has the best flora and fauna, Mattiscombe the best rocks, Lannacombe the best surfing and rocks, Mill Bay is perfect for toddlers and small children while Gara makes an ideal beach to walk to and have a drink or a cream tea at the hotel (currently pulled down and in the process of being rebuilt).

There is sailing at Salcombe. Dartmoor is three quarters of an hour's drive and there are castles and country houses also within reach in wet weather, as is the Dart Valley Railway.

South Devon is a gourmet area with wonderful fish in Kingsbridge and from the village; delicacies of every kind can be bought on the way to the cottage, from the Riverford Farm shop at Staverton (near Totnes) and exquisite fresh vegetables from gardeners in the village. The Stokeley Barton farm shop and restaurant is well worth a visit, as is the Britannia fish shack at Beesands.

### **Directions to Foss and Sea Rocket Cottage**

M4, M5 to Exeter, A38 towards Plymouth, turn off for Kingsbridge via Totnes, or 10 minutes later at Wrangaton Cross towards Modbury; across first cross roads into California Cross and turn left after BP garage towards Loddiswell and then on to Kingsbridge. In Kingsbridge take the road along the Quay towards Dartmouth. Go through East and West Charleton and into Frogmore. In Frogmore, opposite the bakery/post office, turn right and follow signs to East Prawle. At the top of the first hill do not miss the left turn signposted East Prawle. When you arrive in the village, take the road diagonally across the green leaving the Piglet stores/Grunter's Café and the Pig's Nose Inn on your left. Do not go straight past the bus shelter.

**Foss Cottage:** Go all the way down to the bottom of the hill, bear right and along the lane to the very end. Foss is the very last cottage. Please do not reverse or turn in the neighbour's garden.

**Sea Rocket Cottage:** Drive to the end of the Piglet Café and the little gate marked Sea Rocket Barn is the entrance to the Annexe. It is necessary to park on the Green.